

Brainspotting

Phase 1 Training -- Hanover, NH

May 4-6, 2018, Friday – Sunday, 9am-6pm daily
Early Bird \$695 til April 4, \$745 to 4/20, \$795 from 4/21 on

For further information contact:

Deborah Antinori at dantinori@gmail.com or 908 507-4254

Earn 21 CEs from RCassidy

Brainspotting is a powerful and effective approach to healing and wellness that harnesses the nervous system's ability to reorganize and realign itself, enhancing resilience and facilitating change. Discovered in 2003 by psychotherapist Dr. David Grand, Brainspotting accesses the brain-body's innate self-scanning and self-healing capacities in the context of neurobiological and relational attunement. In Brainspotting, a person's brain-body activation around a particular issue is paired with a relevant eye position, called a Brainspot that locates, processes and releases trauma, allowing the brain-body system to regain homeostasis.

Brainspotting was found to be the most effective therapy for treatment of trauma in adults in the 2016 Sandy Hook Community Report.

BSP Trainer: Deborah Antinori, MA, LPC, FT, RDT is a Licensed Professional Counselor with 27 years in private practice. She is a Brainspotting Trainer and Certified Consultant, and a member of David Grand's NY supervision group. She has been using Brainspotting since its inception. She is beginning research on Brainspotting for her PhD through International University for Graduate Studies. Deborah is a masters graduate of NYU's Drama Therapy Dept. As a grief therapist, she holds her FT from ADEC. She is the author of the double award-winning audiobook, Journey Through Pet Loss.

BSP Certified Consultant: Katherine Allen, MA, LMFT was introduced to Brainspotting after the tragic Sandy Hook incident, where she is a local therapist. She has been a part of David Grand's personal supervision group since 2013, meeting monthly with the founder and developer of this therapy. She is an approved Supervisor of Brainspotting and has reached the top training level as a Certified Consultant. Katherine is a licensed Marriage & Family Therapist in both CT and NH. In 2008 she opened a private group practice in CT, MFT3, and in 2017 she opened a new private practice in Hanover, NH called kTherapy and Brainspotting with Katherine.

Registration Form: PLEASE PRINT CAREFULLY Note: \$10.00 processing fee for credit cards

Name: _____

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Credit Card: Visa/Master # _____

Exp date: _____ 3 digit code on back of card: _____

Or send check written to:

Deborah Antinori

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